

BIO-DATA

Name : MR. LHAKPA RANGDU SHERPA
Father's name : Mr. Au Dawa Sherpa
Date of birth : 18/11/1967
Nationality : Nepalese
Marital status : Married
Permanent Address : Sotang-06, Solukhumbu, Nepal
Work Address : Arun Treks & Expedition (P) Ltd.
E-mail Address : lhakparangdu@gmail.com
Contact : 9841264311/ 9803307109 wife
Language Skills : Hindi and English speaking skills
Qualification : Under Metric Level

Training & Skills:

- *Completed Trekking Guide Training from NATHAM.*
- *Received Basic Mountain Navigation Training Conducted by NMA.*
- *Received Basic Mountain Rescue & First Aid Training Conducted by NMA.*
- *Received Advance Mountaineering Training Conducted by NMA.*

- *Received Nature Pethy Basic & Advanced Training Conducted by Institute of Nature Medicine.*
- *Received Photography Training Conducted by Nepal Photography Institute.*
- *Received Videography Training Conducted by Nepal Photography Institute.*
- *Received Basic First Aid Training Conducted by Nepal Red Cross Society.*
- *Received ALCF Level II Advanced Training.*
- *Professional English Language Utility Training Conducted by HAMWWA.*
- *Received Introductory Rock Climbing Course Conducted by NMIA.*
- *Received High Mountain Rescue Training Conducted by NMA & NMIA.*
- *Received Rock Climbing Course Level I Conducted by NMIA.*
- *Received Aspirant Guide Training Conducted by NNMGA.*

Mountaineering Experiences: Summited peaks

Year	Name of the expedition	Expedition Leader	Name of Peak	Height	Remarks
1991	French Dhaulagiri Expedition	Mr. Patrice Pecher	Dhaulagiri	8167m	Reached 7900m
1994	French Kanji Roba Expedition	Mr. Patrice Pecher	Kanji Rooba	6755m	Reached 6300m
1996	French Everest Expedition	Mr. Jean Marc	Everest	8848m	Reached 6400m
1998	Italian Kanchenjunga Expedition	Mr. Hans Kamalander	Kanchenjunga	8586m	Reached 8400m
2001	Everest North Expedition	Mr. Maurice	Everest	8848m	Reached 700m
2003	Everest South Expedition	Mr. Gary Guller	Everest	8848m	Reached S.Col
2004	Gary Cho Oyu Expedition	Mr. Gary Guller	Cho Oyu	8188m	Summit
2005	Cho Oyu Expedition	Mr. Jean C Ludos	Cho Oyu	8188m	Summit
2005	Everest North Expedition	Mr. Brug Alungki	Everest	8848m	Summit
2006	Arun Intl' Cho Oyu Expedition	Mr. Romeo R Garduce	Cho Oyu	8188m	Summit
2006	Friendship Everest Expedition	Mr. Romeo R Garduce	Everest	8848m	Summit
2007	Team Ascent Amadablam Expedition	Mr. Alexander Roderick Allen	Amadablam	6812m	Summit`

2007	French Lhakpa Ri Expedition	Mr. Jean C Ludit	Lhakp Ri	7018m	Summit
2007	Everest North Expedition	Mr. Ronald K Muhl	Everest	8848m	Summit
2008	Friendship Everest Expedition	Ms. Kalpana Dash	Everest	8848m	Summit
2008	Arun Intl' Shishapangma Expedition	Mr. Sandy Allen	Shishapangma	8027m	Summit
2009	Chessell Adventures Himlung Expedition	Mr. Duncan Chessell	Himlung	7126m	Summiit
2009	Intl' Everest Expedition	Mr. Mikka Simuli Masikka	Everest	8848m	Summit
2010	Team Ascent Barun Tse Expedition	Mr. Alexander Roderick Allen	Barun Tse	7129m	Summit
2010	Adventure Global Everest South Expedition	Mr. Ronald K Muhl	Everest	8848m	Summit
2011	Arun Friendship Everest Expedition X 2 Times. 12 th & 19 th May 2011	Ms. Anshu Jamsenpa	Everest	8848m	Summit
2012	Arun Friendship Everest North Expedition	Mr. Jean Christopher Ludit	Everest	8848m	Summit
2012	British Nanga Parbat Expedition (1 st Nepali the Mazeno Ridge is the summit of Eight peaks over 7000m)	Mr. Alexander Roderick Allen	Nanga Parbat	8126m	Reached 7950m
2013	1 st North East India Everest Expedition	Mr. Surjit Singh Leinshagtham	Everest	8848m	Summit
2016	Assam Mt. Everest Expedition	Mr. Manash Barooah	Everest	8848m	Summit

Certification:

- Pasang Lhamu Mountaineering Foundation Award 2002.
- Letter of appreciation on the occasion of Mt. Cho Oyu Golden Jubilee 2004.
- Letter of Commendation from Filipino Mountaineer 2006.
- Letter of Honor Summiters Summit to Save the Himalayas 2009 (Government of Nepal)
- Letter of Appreciation offered by Summiters Association 2011.
- Letter of Appreciation on the Occasion of Diamond Jubilee along with Medal 2013 (Government of Nepal)
- Letter of appreciation offered by Dharma Peak Sherpa Community 2070 BS.
- Letter of appreciation offered by NMA on the occasion of Diamond Jubilee of Mt. Cho Oyu 2014
- Letter of appreciation for the participation on the rescue during the Everest Tragedy in 2014.
- Letter of appreciation for the support and help to the Earthquake victims in 2015.
- Letter of appreciation offered by High Altitude Mountain Worker Welfare Association for the contribution to Relief Program of the victims of the Earthquake 2015.

Social work

- I am Associated with this association at the moment and the year
- General Secretary of Everest Summiteers Association Nepal
www.everestsummiteesassociation.org
- vice president of high altitude mountain worker association. Nepal www.hamwwa.org
- vice president of Sherpa health care centre in sotang -6 ,solukhumbu
- www.sherpahelthcare.org
- Ambassador of heritage photo vision collection center, Nepal.
- <https://www.facebook.com/media/set>
- Member of Nepal national mountain guide association. www.nnmga.org.np
- Life member, Dharma peak Sherpa community. www.dharmapeak.org

Record holder

- X2 Times 12th and 19th may 2011.
- 2008 with national dress.
- The mazenor Ridge which is longest ridge in 14 of 8000m peak in the world Nangaparbat in Pakistan and 9 of 7000m peak is 13km long ridge has been done in 9 day. in 2012.
www.mazenoridge.com

Thank you